

**ADULT**



**New Tecumseth  
Public Library**

# **July and August Adult Program Guide**

**Memorial Branch**

17 Victoria St. E. Alliston  
705-435-5651

**D.A. Jones Branch**

42 Main St. W. Beeton  
905-729-3726

**Pam Kirkpatrick Branch**

139 Queen St. N. Tottenham  
905-936-2291

# Weekly Drop-In Programs for Adults

Mon	<a href="#">Knitting and Needlework Circle</a> Alliston	No session Aug. 3	1:30-3:30 PM	Needlework social – share and learn tips. Bring your own project.
Wed	<a href="#">Let's Play: Chess</a> Alliston	Tottenham	4:30-5:30 PM	Let's play chess - fun for all!
	<a href="#">Queer and Ally Craft Club</a> , Alliston		6:00-7:45 PM	2SLGBTQIA+ inclusive craft drop-in. Bring your own craft.
Thu	<a href="#">In the Loop</a> Tottenham	Knit/Crochet/Sew	6:30-7:30 PM	Crochet, knitting, sewing group. Bring your own project. For ages 10+.

## Adult Programs - Must register unless drop-in noted

Thu Jul 2	Simcoe Reads 2026 details drop.			
Sat Jul 4	<a href="#">Notary Clinic</a> Alliston		1:00-3:00 PM	FREE notary clinic for gender and name changes. Complete forms beforehand. No legal advice. Parent/guardian required if under 18.
<u><a href="#">Fit &amp; Fabulous Tai Chi</a></u>				
Thu Jul 2	Alliston		10:30-11:45 AM	Discover the benefits of Tai Chi with instructor Antonio Lampreia, a gentle form of exercise that combines slow, flowing movements with deep breathing and mindfulness.
Thu Aug 6				
<u><a href="#">Sew Simple: Intro to Sewing for Beginners</a></u>				
Tue Jul 7	Tottenham		5:30-7:00 PM	Learn the basics of using a sewing machine and take home your first project.
Fri Aug 7			2:00-3:30 PM	
<u><a href="#">Spice It Up!</a></u>				
Wed Jul 8	All Branches		Open Hours	Spice It Up! kits contain a sample of the month's spice, as well as feature recipes and facts.
Wed Aug 5				



# Adult Programs

## - Must register unless drop-in noted

### Fit & Fabulous: Chair Yoga

Wed Jul 8	Beeton	1:30-2:30 PM	Improve strength, flexibility, balance, mindfulness, and relaxation.
Wed Jul 22	Alliston		
Wed Aug 5	Beeton		
Wed Aug 26	Alliston		

### Fit & Fabulous: Yoga 101

Wed Jul 8	Beeton	6:30-7:30 PM	Beginner Hatha practice; bring your own mat and props.
Thu Jul 23	Alliston		
Wed Aug 5	Beeton		
Wed Aug 26	Alliston		

### Kanopy Movie Club

Thu Jul 9	Playing Through (2022) Zoom	7:00-8:30 PM	The inspiring story of Ann Gregory, the first African-American woman to compete in a USGA golf tournament. Join us to discuss!
Thu Aug 6	Moss (2017) Zoom		Coming-of-age, Southern Gothic tale. Join us to discuss!

### Fit & Fabulous: Sun Salutations in the Park

Mon Jul 13	Beeton Community Park 72 Prospect St. Beeton	9:30-10:30 AM	A dynamic sequence of yoga poses that energize the body, improve flexibility, and honor the sun.
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### Fit & Fabulous: Learn to Love Pilates

Tue Jul 14	Beeton	6:30-7:30 PM	Join us for this beginner Pilates class building core strength, flexibility and body awareness; BYO mat. Madison Burgess will guide us!
Thu Aug 20	Alliston		





# Adult Programs

## - Must register unless drop-in noted

### Genealogy Club: Getting the Most from Your DNA Results

Wed Jul 15	Alliston	1:30-3:00 PM	Explore How to use DNA tools to get the most out of your Genealogy Research.
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### Fit & Fabulous: Learn to Lawn Bowl

Wed Jul 15	Beeton Lawn Bowling Club 60 Prospect St. Beeton	6:30-8:30 PM	Join us for an introduction, a demonstration, and play a game or two. Rain date Wednesday, July 22.
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### Intro to Cricut

Thu Jul 16	Tottenham	2:00-3:30 PM	Learn the basics of using a Cricut machine and the Cricut Design Space.
Thu Aug 13		5:30-7:30 PM	

### The Writers' Room

Thu Jul 16	Beeton	6:15-7:45 PM	Verbally share your writing sample (max 1200 words) and receive constructive feedback. July's suggested prompt: Summer Road Trip. August's suggested prompt: Fireflies.
Tue Jul 21	Alliston	1:00-3:00 PM	
Tue Aug 18	Alliston	1:00-3:00 PM	
Wed Aug 19	Beeton	6:15-7:45 PM	

### Saturday Switch: Family Takeover! \* Drop-in

Sat Jul 18	Alliston	2:00-4:00 PM	Drop in and enjoy Nintendo Switch games with the whole family at the library!
Sat Aug 22	Tottenham		
Sat Aug 29	Beeton		





# Adult Programs

## - Must register unless drop-in noted

### Summer Sizzle Open Book Club: *Yesteryear* by Caro Claire Burke

Thu Jul 23	Beeton Community Park 72 Prospect St. Beeton <i>Rain location Beeton Branch</i>	1:30-3:30 PM	A gripping, electrifying debut novel that is as darkly funny as it is frightening. Join us to discuss!
Thu Aug 27	Alliston	6:00-7:45 PM	

### Queer Game Night

Tue Jul 28	Alliston	6:00-7:45 PM	Queer and Ally board game night. All are welcome.
Tue Aug 25			

### Game On! Scrabble Tournament

Tue Aug 4	Beeton	1:00-3:00 PM	Join us for Scrabble! Adult players of all skill levels welcome.
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### Tech Time: Libby 101

Wed Aug 12	Alliston	6:00-7:45 PM	Join us for a hands-on tutorial on accessing Libby by OverDrive for eBooks and Audiobooks.
Fri Aug 14	Tottenham	2:00-4:00 PM	

### The Wisdom of Water: Honouring Nibi with Indigenous Teachings

Fri Aug 14	Beeton	1:00-3:00 pm	Explore Indigenous water teachings with Colleen Moreau, featuring Eagle Feather, cedar tea, and hands-on water testing. Ideal for Children 7-10. <b>* Registration Required. Must attend with a registered adult.</b>
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### Paint Along: Night Sky

Thu Aug 20	Tottenham	6:00-7:30 PM	Join other beginner artists, and follow a step-by-step tutorial on painting a night sky.
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